

Simple 2 Elegant Personal Chef Service



Please Print and Fill out. Scan and send to
simple2elegantpersonalchef@gmail.com

Client Questionnaire

Clients Name Type text here Clients Address _____

Phone Number _____ Clients Email Address _____

Do you have any food Allergies? Yes No

List any Meats you do not like _____

List any Vegetables you do not like _____

List any Spices or Herbs you do not like _____

Do you Enjoy Vegetarian Meals? Yes No

Do you Enjoy Soups and Stews? Yes No

Do you Consume Dairy Products? Yes No

Do you Enjoy Spicy Foods? Yes No Circle One: **Mild Medium Hot**

Do you Enjoy Pasta Dinners, such as Lasagna and Stuffed Shells?

Yes No

Do You Prefer Organic Vegetables when Available? Yes No

What is your Oil/Fat Preference? Circle Each that Apply

Butter Margarine Olive Oil Coconut Oil Canola Oil Peanut Oil

Would you like for me to follow any Special Diet Plan? Yes No

What are some of your favorite Dishes/Recipes?

Simple 2 Elegant Personal Chef Service



Is it ok with you if I occasionally cook with wine? Yes No

What is the primary reason that you want to hire a Personal Chef (Circle)

Weight Loss

Healthy Diet

Enjoy Freshly Prepared Meals at Home

Other: _____

Are there any types of meals you do not want me to Prepare? _____

Would you like for me to cook your meals Low Carb/Gluten Free? Yes No

Do you own a BBQ Grill? Yes No

Do you enjoy Grilled Foods? Ie...Shish Kabobs, Grilled Meats, Grilled Vegetables, etc.... Yes No

If you choose not to be home while I am Cooking your meals, I will either need a key or access code. Is this ok with you? Yes No

Additional Comments or Suggestions
